



## Cape Cod Food Access Guide Summer 2024

To add or update information, please email [Andrea.marczely@capecod.gov](mailto:Andrea.marczely@capecod.gov)

Updated July 24, 2024

<p><b><u>The Family Pantry of Cape Cod</u></b> 133 Queen Anne Road, Harwich 508-432-6519 <a href="mailto:cmenard@thefamilypantry.com">cmenard@thefamilypantry.com</a></p> <p><b>Food Pantry Hours:</b> <b>Tuesdays 10am-3:30pm</b> <b>Wednesdays 10-12pm</b> <b>Thursdays 10am-7pm</b> <b>Saturdays 9am-12pm</b></p> <p>Client choice shopping list is on the website or at The Pantry</p> <p><b>Donation Hours for Food, Clothing, Housewares etc.</b> <b>Tues &amp; Thurs 8am-3:30pm, Wed 8am-12pm drop off at the Family Pantry Warehouse</b> <b>(no donations taken on Saturdays)</b></p>	<p><b><u>Cape Cod Community College Family Pantry</u></b> Pantry located at the Li24fe Fitness Center-Building #10 <b>1 bag of food per week during the semester</b> Tuesdays 12pm-2pm &amp; Wednesdays 11am-1pm Open to all students, faculty and staff Questions? Call 774-330-4857</p> <hr/> <p><b><u>Nantucket Food Pantry</u></b> 10 Washington Street 508-228-7438 <b>Pantry Hours:</b> <b>Tuesday, Wednesday and Thursdays 3pm-6pm</b> Food delivery available for seniors or disabled persons and emergency deliveries To learn more about services, qualifications for assistance, fill out the form found on website <a href="http://www.assistnantucket.org">www.assistnantucket.org</a> Or email: <a href="mailto:food@assistnantucket.org">food@assistnantucket.org</a></p>
<p><b><u>Falmouth Service Center</u></b> 611 Gifford Street, Falmouth 508-548-2794 <a href="http://www.falmouthservicecenter.org">www.falmouthservicecenter.org</a></p> <p><b>Food Pantry Hours:</b> <b>Tuesdays: 10am-12pm</b> <b>Wednesdays: 3:30pm-5:30pm</b> <b>Thursdays: 10am-12pm</b> <b>Fridays: 10am-12pm</b></p> <p>Client choice shopping list on the website or at the pantry.</p>	<p><b><u>Martha's Vineyard Island Grown Initiative Food Pantry</u></b> PA Club 137 Vineyard Haven Road, Oak Bluffs 508-296-8384 <a href="mailto:info@islandfoodpantry.org">info@islandfoodpantry.org</a> <a href="http://islandfoodpantry.org/resources/">http://islandfoodpantry.org/resources/</a></p> <p><b>Pantry Hours:</b> <b>Mondays: 2:00pm-4:00pm</b> <b>Wednesdays: 1pm-6pm</b> <b>Fridays (Seniors only) 12pm-2pm</b> <b>Saturdays: 10am-12pm</b></p>
<p><b><u>Meals on Wheels Elder Service of Cape Cod and the Islands</u></b> 68 Route 134 South Dennis 508-394-4630/800-244-4630 <a href="http://www.escci.org">www.escci.org</a> Senior Dining Centers, Senior Nutrition Program Meals <b>Monday-Friday between 9am-12pm</b> For people ages 60+ who are homebound and unable to prepare their own meals. Call (508) 394-4630 to make referral.</p>	<p><b><u>Friends Food Pantry, Bourne</u></b> 121 Main Street PO Box 144, Buzzards Bay 508-759-3351</p> <p><b>Pantry Hours:</b> <b>Tuesdays from 9:00am-12:00pm</b> Call between Monday and Wednesday for more information.</p>
<p><b><u>Cape Wellness Collaborative</u></b> <a href="http://www.capewellness.org">www.capewellness.org</a> 436b Station Ave, South Yarmouth (774) 408-8477 Meals provided for those undergoing cancer treatment. Delivery options available</p>	



# BARNSTABLE COUNTY

CAPE COD COOPERATIVE EXTENSION

### **A Place At The Table**

Saint Barnabas's Episcopal Church  
91 Main Street ~ Across from the Village Green  
Falmouth, MA  
[www.stbfalmouth.org](http://www.stbfalmouth.org) ~ 508-548-3863  
Hot lunches for the community. All are welcome!  
No registration is required.

#### **Lunch is served every Tuesdays & Thursdays**

**11:30 – 1:00pm.**

Meals are served in the Parish House located behind the church on the Saint Barnabas's campus.  
To volunteer or offer a donation please contact the church office at 508-548-3863.  
On site services by: Duffy Health Van, AIDS Van of Cape Cod, Housing Assistance Corporation, Falmouth Service Center & Live Music!

### **JBCC Empowerment Center**

1015 South Inner Road, Buzzards Bay  
<https://mmsfi.org/empowerment-centers/>  
Shelf-stable food boxes for veterans and active duty military and their families  
Reservations are required prior to picking up food.  
To schedule a reservation:  
<https://mmsfi.org/empowerment-centers/>  
Questions: email [sandwichempowerment@mmsfi.org](mailto:sandwichempowerment@mmsfi.org)

Limit: 1 visit per week  
You must bring a printed or mobile copy of the Reservation confirmation to enter the Empowerment Center  
You must also show ID (proof of service) upon checking in

### **Cape & Islands Veterans Outreach**

Mobile Food Pantry @ Falmouth AmVets  
366 Palmer Ave, Falmouth  
1st and 3rd Tuesday monthly 10am – 1pm  
**July 2<sup>nd</sup> & July 16<sup>th</sup>**  
**August 6<sup>th</sup> & August 20<sup>th</sup>**  
**September 3<sup>rd</sup> & 17<sup>th</sup>**

To receive food, former military personnel must bring proof of their veteran status, such as a DD-214 and they must meet criteria for assistance as defined by The Emergency Food Assistance Program

### **Cape Kid Meals**

1336 Main Street, Osterville  
Mailing address: PO Box 36  
Forestdale, MA 02644  
(508) 419-1734  
[www.capekidmeals.org](http://www.capekidmeals.org)  
[info@capekidmeals.org](mailto:info@capekidmeals.org)  
Facebook: Cape Kid Meals  
Weekend meals for children through each school system's distribution program.

Check out Project Bread's website for Cape Cod Summer Eats sites for children birth through age 18

### **Christ the King Food Pantry**

5 Job's Fishing Road, Mashpee  
508-477-7700  
[www.christthekingparish.com/st-vincent-de-paul](http://www.christthekingparish.com/st-vincent-de-paul)  
Open for all Cape Residents  
Client Choice, Drive through Distribution

**Wednesdays 9:00am-12:00pm**

**Financial Assistance Hotline available to Mashpee residence, call 508-477-7700**

For deliveries for Mashpee, Cotuit and parts of Marstons Mills

### **Mashpee Village Pantry**

1 Wampanoag Drive, Mashpee  
508-477-2200  
Open for Mashpee Village residents  
**Pantry Open Monday-Friday 8:30-4:30pm**

### **Mashpee Wampanoag Tribe Food Pantry**

483 Great Neck Road South, Mashpee  
508-477-0208 ext 189  
[www.mashpeewampanoagtribe-nsn.gov/food-pantry](http://www.mashpeewampanoagtribe-nsn.gov/food-pantry)  
[Darlene.scott@mwtribe-nsn.gov](mailto:Darlene.scott@mwtribe-nsn.gov)  
**Pantry Hours: Tuesdays, Wednesdays, Thursdays 12pm-4:00pm**



# BARNSTABLE COUNTY

CAPE COD COOPERATIVE EXTENSION

<p><b><u>Sandwich Food Pantry</u></b>  331 Cotuit Road, Sandwich  508-888-3816  <a href="http://www.sandwichfoodpantry.org">www.sandwichfoodpantry.org</a>  Facebook: Sandwich Food Pantry, Inc.  Open for All Sandwich Residents-to become a client, bring proof of residency  <b>Pantry Hours:</b>  <i>Every Wednesday 10am-12pm</i>  <i>Last Wednesday of the month: 10am-1pm/ 6pm-8:00pm</i>  <i>3rd Saturday 10-12pm</i></p>	<p><b><u>St. Vincent DePaul Food Pantry</u></b>  322 Quaker Meeting House Road, Sandwich  Located at the rear of Mary’s Closet Thrift Store  508-833-1555  <a href="mailto:svdp@corpuschristiparish.org">svdp@corpuschristiparish.org</a>  Open to All Sandwich, Sagamore &amp; Sagamore Beach Residents  Perishables and Non-Perishables Provided  <b>Pantry Hours:</b>  <i>Every Thursday 9:30-12pm</i></p>
<p><b><u>Hands of Hope Food Pantry</u></b>  <i>(Serving Sandwich, Mid Cape, Dennis and Harwich)</i>  49 Rt. 28 West Harwich  508-432-1312  <b>Pantry Hours:</b>  <i>Mondays 10:00-3:00</i>  <i>Tuesdays 1:00-3:00</i>  <i>Wednesdays 1:00-3:00 &amp; 4:00pm-6:00pm</i>  <i>Thursdays 1:00-3:00</i>  <i>Fridays 10am-1pm</i>  Meats, dairy, bakery, perishables and non- perishables, personal items, paper products  <b>Thrift Shop hours: Tuesday, Wednesday &amp; Thursdays 10am-1pm</b></p>	<p><b><u>Barnstable Public Schools</u></b>  For students and families enrolled in Barnstable Public Schools. To register: Contact Moira Bundschuh, Family and Community Engagement Coordinator, 141 Bassett Ln, Hyannis, MA 02601, <a href="mailto:bundschuh_moira@mybps.us">bundschuh_moira@mybps.us</a> or 508-790-6345 x117.  <b>Summer Pantry Hours:</b>  <b>Thursdays, July 11<sup>th</sup> &amp; 25<sup>th</sup> &amp; August 8<sup>th</sup> &amp; 22<sup>nd</sup></b>  <b>Pantry is open 9am-11am</b>  Delivery options are available for those without transportation. Families are eligible to receive food every other week.</p>
<p><b><u>Family Table Collaborative</u></b>  <a href="https://www.facebook.com/familytablecollaborative">www.facebook.com/familytablecollaborative</a>  Hyannis Youth and Community Center  141 Bassett Lane, Hyannis  Need a free, healthy, delicious meal for yourself, family, friends?  <b>Meal Distributions: 1<sup>st</sup> and 3<sup>rd</sup> Thursdays of the month</b>  4:30-5:30pm, drive through format  To sign up, text 508-348-9777 with your first name, number of meals needed, and any food allergy information.  Please check website or Facebook for up-to-date meal distribution information.</p> <hr/> <p><b><u>Barnstable Adult Community Center</u></b>  Brown Bag for Seniors &amp; their Families  825 Falmouth Road, Hyannis  508-862-4750  <b>Call for more information</b></p>	<p><b><u>Free Summer Meals for Students * 🍷 Summer Eats</u></b>  FREE meals to all kids, ages 18 and under  Monday through Friday from July 1 to Aug. 23.  <b>Barnstable residency is not required and no I.D. is needed.</b>  Parents may not pick up meals for students, students are required to be present. Meals will be available in the rear of each location (watch for signs) during serving times.  All serving locations will be open from 8:30-9:30 a.m. for breakfast and 11 a.m.-12 p.m. for lunch:  <u>Barnstable High School</u>  744 W Main St, Hyannis: July 1 – Aug. 18:  <u>Barnstable West Barnstable Elementary School</u>  2463 Main St, West Barnstable: July 1 – Aug. 23:  <u>Barnstable Intermediate School</u>  895 Falmouth Road, Hyannis: July 1 – Aug. 23:  <u>Barnstable United Elementary School</u>  730 Ost. - W. Barnstable Road, Marstons Mills: July 1 – Aug. 23:</p>



# BARNSTABLE COUNTY

CAPE COD COOPERATIVE EXTENSION

## Cape & Islands Veterans Outreach Center

Pantry is at the CIVOC location:

223 Stevens Street, Hyannis

508-778-1590 [www.capeveterans.com](http://www.capeveterans.com)

Facebook: Cape & Island Veterans

Email: [Info@capeveterans.com](mailto:Info@capeveterans.com)

Pantry is open to veterans and their families.

**Pantry Hours: Weekly on Thursdays 9am-6pm**

To receive food, former military personnel and family members must bring proof of their veteran status, such as a DD-214 and they must meet criteria for assistance as defined by The Emergency Food Assistance Program

## First Baptist Church Pantry

486 Main Street, Hyannis

508-775-1846

Serving Barnstable & West Yarmouth Residents

**Open Tuesdays 9am-12:00pm**

What's provided:

Fresh Produce, perishables, and nonperishables

## Faith Family Kitchen

154 Bearses Way Hyannis

508-775-5073 [www.capecodcouncilofchurches.org/faith-family-kitchen.org](http://www.capecodcouncilofchurches.org/faith-family-kitchen.org)

Facebook: Faith Family Kitchen [cccouncilofchurches@gmail.com](mailto:cccouncilofchurches@gmail.com)

**Mondays, Wednesdays & Fridays 5:30-6:30pm**

*Meals for all will be distributed at the back door of the church off of Bacon Street*

*Dine in or carry out options available.*

## Yarmouth Food Pantry

Lighthouse Landing Plaza

845 Rt. 28 Unit 16, S.Yarmouth

508-394-0880

[www.yarmouthfoodpantry.org](http://www.yarmouthfoodpantry.org)

Facebook: Yarmouth Food Pantry

*Pantry Hours:*

**Tuesdays & Thursdays 5:30-6:30pm**

**2nd Friday of the month 3:00-4:00pm**

**3rd Saturday of the month 10-11am**

**4th Friday of the month 10:00-11:00am**

**Senior Hours: 2<sup>nd</sup> & 4<sup>th</sup> Wednesdays 10am-12pm**

Client Choice Shopping in Pantry

## Salvation Army Pantry & Soup Kitchen

100 North St. Hyannis 508-775-0364

[www.SalvationArmyMA.org/Hyannis](http://www.SalvationArmyMA.org/Hyannis)

All are welcome!

Office and Social Service Hours:

Monday-Friday 9:00am-4:00pm

**Pantry Hours:**

**Monday-Friday 10am-1pm**

Shelf stable food, drinks, frozen meats, bread, fresh veggies & socks and bagged lunches for homeless

**Miracle Kitchen Open:**

**Monday-Friday**

**Breakfast 8:30-9:30am Lunch 11:30-12:30pm**

## St. Vincent De Paul Food Pantry

St. Francis Xavier Church

21 Cross Street, Hyannis

508-775-3073

**Open Tuesday & Friday 10-12pm**

Perishables & Non-Perishable

## AIDS Support Group of Cape Cod

428 South Street, Hyannis

Monthly food pantry and emergency food

Contact Mimi Razon at 508-539-2364

For more information

## St. Pius Food Pantry

5 Barbara Street, South Yarmouth

508-394-2244

Open By Request

## St. David's Episcopal Church

205 Old Main St. South Yarmouth

508-394-4222 [www.stdavidscapecod.org](http://www.stdavidscapecod.org)

**Open 3rd Wednesday of the month.**

**Next Pantry is on August 21<sup>st</sup> & September 18<sup>th</sup> from 1:00-3:00pm**

Paper Pantry and meals to go



# BARNSTABLE COUNTY

CAPE COD COOPERATIVE EXTENSION

### [NourishHub Food Access Fridge at the Hyannis Public Library](#)

401 Main Street, Hyannis 508-775-2280  
[www.hyannislibrary.org](http://www.hyannislibrary.org)

Free, healthy foods provided by Family Table Collaborative  
All are welcome to enjoy!

**Fridge is open during regular library hours:**

Monday: 9:30am-5:00pm  
Tuesday: 12:00pm-7:00pm  
Wednesday: 12:00pm-7:00pm  
Thursday: 9:30am-5:00pm  
Friday: 9:30am-5:00pm Saturday: 10am-4:00pm

### [Canaan Church Food Pantry](#)

204 Route 28, West Yarmouth  
Caribbean Food Options Available  
Serving all Mid-Cape and Chatham

**Summer Pantry Dates: Open 10am-1:30pm**

**July 11<sup>th</sup> & 25<sup>th</sup>**

**August 8<sup>th</sup> & 22<sup>nd</sup>**

**September 5<sup>th</sup> & 19<sup>th</sup>**

For emergency requests or for delivery, please call 508.266.1439

---

### [Dennis Center for Active Living](#)

1045 Route 134 508-694-2004

[jbenoit@town.dennis.ma.us](mailto:jbenoit@town.dennis.ma.us)

Mobile Food Pantry sponsored by the Family Pantry of Cape Cod-  
Please call for details

### [Hands of Hope Food Pantry- Serving Mid Cape](#)

49 Rt. 28 West Harwich  
508-432-1312

**Pantry Hours:**

**Mondays 10:00-3:00**

**Tuesdays 1:00-3:00**

**Wednesdays 1:00-3:00**

**Thursdays 1:00-3:00**

**Fridays 10am-1pm**

Meats, dairy, bakery, perishables and non- perishables, personal items, paper products

**Thrift Shop hours: Tuesday, Wednesday & Thursdays 10am-1pm**

### [The People's Fridge](#)

100 Oak Street at the Harwich Community Center  
Call the Harwich Health Department 508-430-7509 for information

Fridge is located inside the Community Center Building next to the Council on Aging

**All are welcome, no age restrictions & no questions asked!**

Fridge will be stocked Monday through Friday with 10 prepared bagged lunches a day

### [Healthy Meals in Motion Mobile Food Pantry](#)

Family Pantry of Cape Cod

Registration is required

Call Andrea at 508- 487-7080

60+ years old; families with children

Food choice pantry – nonperishables, vegetables, dairy, meat and bakery items

### [Harwich Pantry Lower Cape Outreach Council](#)

St. Peter's Lutheran Church

73 Main Street, Harwich

508-240-0694 [www.lcoutreach.org/pantry-hours](http://www.lcoutreach.org/pantry-hours)

**Mondays: 1pm-3pm**

**Tuesdays: 3:30pm-5pm**

**Wednesdays: 12:30-2:30pm**

**Fridays: 10am-12pm**

Client choice shopping- Grocery list available on website or at pantry

All are welcome!

### [Brewster Pantry Lower Cape Outreach Council](#)

Brewster Baptist Church

1848 Main St., Brewster

508-240-0694

[www.lcoutreach.org/pantry-hours](http://www.lcoutreach.org/pantry-hours)

**No Appointment Needed**

**Pantry open:**

**Mondays: 10am-12pm & Thursdays 10:00am-12:00pm**

### [Chatham Pantry Lower Cape Outreach Council](#)

St. Christopher's

625 Main St. Chatham

508-240-0694

[www.lcoutreach.org/pantry-hours](http://www.lcoutreach.org/pantry-hours)

**Tuesdays 4pm-6pm**

**Thursdays 3:00-5:00pm**

Client choice shopping- Grocery list available on website or at pantry



# BARNSTABLE COUNTY

CAPE COD COOPERATIVE EXTENSION

### [St. Francis Food Pantry](#)

First United Methodist Church in Chatham  
16 Cross Street, Chatham  
Located in the Thrift Shop  
Open Thursdays and Fridays from 11am – 2pm  
ID is required, may be in the form of a utility bill if no driver's license.

### [Orleans Pantry-Lower Cape Outreach Council](#)

Orleans Methodist Church  
73 Main St. Orleans  
Pantry located across from the library  
508-240-0694  
[www.lcoutreach.org/pantry-hours](http://www.lcoutreach.org/pantry-hours)  
**No Appointment Needed**  
**Tuesdays 10:00am-12:00pm**  
**1<sup>st</sup> and 3<sup>rd</sup> Thursdays: 4pm-6pm**

### [Katy's Korner and Main Pantry Lower Cape Outreach Council](#)

19 Brewster Cross Rd. Orleans  
508-240-0694  
[www.lcoutreach.org/pantry-hours](http://www.lcoutreach.org/pantry-hours)  
**Mondays through Fridays 9:30am-12:00pm**  
**Wednesdays: 4:00pm-6:00pm**

No appointment needed. All are welcome!

### [Food 4 Kids Cape Cod Summer Eats Program](#)

204 Monument Road, Orleans  
(800) 645-8333  
[www.food4kidscapecod.org](http://www.food4kidscapecod.org)  
Meals Available: Monday through Friday end of June through August  
  
A summer food service program that provides breakfast, lunches, and snacks to children  
For children 18 or younger  
Inquire for locations and times

### [Eastham Pantry-Lower Cape Outreach Council](#)

Eastham United Methodist Church  
3200 State Hwy, Route 6, Eastham  
508-240-0694  
[www.lcoutreach.org/pantry-hours](http://www.lcoutreach.org/pantry-hours)

**Pantry Hours:**  
**Mondays: 4pm-6pm**  
**Tuesday 10:00am-12:00pm**  
**Thursday 2:00pm-4:00pm**

### [Nauset Fellowship at Eastham's Chapel in the Pines](#)

220 Samoset Road, Eastham  
Community Food Exchange  
All are welcome!  
Take what you want or leave any canned and packaged non-perishable items  
Call 508-246-4924 to arrange donation pick up if needed

### [Eastham Community Fridge](#)

2500 State Highway, Eastham Health Department  
  
Call 774-801-3229 before arriving to make sure it's stocked  
  
The fridge is in the small building between Town Hall and the Police Department.

### [Cape & Islands Veterans Outreach Center](#)

[Mobile Pantry](#)  
Eastham Elks Club  
10 McKoy Road, Eastham  
2<sup>nd</sup> and 4<sup>th</sup> Tuesday of each month from 10am-1pm  
**Next Pantry Dates:**  
**July 9<sup>th</sup> & 23<sup>rd</sup>**  
**August 13<sup>th</sup> & 27<sup>th</sup>**  
**September 10<sup>th</sup> & 24<sup>th</sup>**  
508-778-1590 [www.capeveterans.com](http://www.capeveterans.com)  
Facebook: Cape & Island Veterans  
Email: [Info@capeveterans.com](mailto:Info@capeveterans.com)  
Pantry Open to Veterans Only



# BARNSTABLE COUNTY

CAPE COD COOPERATIVE EXTENSION

### [Eastham Council on Aging Eastham Senior Center](#)

1405 Nauset Road, Eastham  
(774) 801-3151

[www.eastham-ma.gov/542/Council-on-Aging](http://www.eastham-ma.gov/542/Council-on-Aging)

Office Hours: Mon. - Fri. 8:30a-3:30pm

Several Food Program For Eastham residents 59+

Pre-registration is required call (774) 801-3151 to register

Food Programs Include:

-Dry Goods Pantry & personal items

-Mobile Food Pantry by The Family Pantry of Cape Cod: 1st Wednesday of the month, 12:00pm-1:00pm Eligible participants receive a grocery shopping list to select needed food items.

-Brown Bag Friday: Fresh and frozen items available for pickup or delivery on the 1st Friday of the month. Pre-registration required

### [Wellfleet Pantry-Lower Cape Outreach Council](#)

Grace Chapel

25 Lieutenant Island Rd. Wellfleet

(Located at the corner of Lieutenant Island Road and Route 6)

No appointment needed

508-240-0694

[www.lcoutreach.org/pantry-hours](http://www.lcoutreach.org/pantry-hours)

***Mondays 3pm-6pm***

***Wednesdays 4pm-6pm***

***Thursdays 10:00-12:00pm***

Client choice shopping- Grocery list available on website or at pantry

All are welcome!

### [Truro Community Kitchen](#)

Operating out of Christian Union Church

27 Shore Road, Truro

973-868-7526

***Tuesdays for deliveries only***

To register for a meal, email [trurocommunitykitchen@gmail.com](mailto:trurocommunitykitchen@gmail.com) or

call or text Eli at 973-868-7526

No documentation required

2 prepared meals will try to accommodate dietary needs

### [Truro Pantry- Lower Cape Outreach Council](#)

Community Center

7 Standish Way, Truro

No Appointment Needed

***Tuesdays 10am-12:30pm Walk In***

***Wednesdays 10-12:30pm Walk In***

[www.lcoutreach.org/pantry-hours](http://www.lcoutreach.org/pantry-hours)

Client choice shopping- Grocery list available on website or at pantry

All are welcome!

### [Provincetown Pantry Lower Cape Outreach Council](#)

United Methodist Church

20 Shank Painter Rd. Provincetown

516-974-1524

[www.lcoutreach.org/pantry-hours](http://www.lcoutreach.org/pantry-hours)

***Wednesdays 10:00am-2:00pm***

***Thursdays 10:00am-2:00pm***

Choice pantry-shopping list is posted on the website and is given out upon arrival

### [Helping Our Women](#)

34 Conwell Street, Provincetown

(508) 487-4357

[www.helpingourwomen.org](http://www.helpingourwomen.org)

Pantry Hours: Mon. - Fri. 10a-4p

Supplemental food and personal care product pantry

Open to the public

### [AIDS Support Group of Cape Cod](#)

96 Bradford St. Provincetown [www.asgcc.org](http://www.asgcc.org)

508-487-9445

Facebook: AIDS Support Group of Cape Cod

***Monday-Friday 9am-5pm***

Must be a client to receive food

Delivery available to Provincetown and Truro clients. Call to schedule delivery.

### [Unitarian Universalist Meeting House of Provincetown](#)

236 Commercial Street

PO Box 817

Provincetown, MA 02657

<https://www.uumh.org/>

Small free food pantry that is available 24/7,

Office hours: 9am-4pm, Monday through Thursday

Open to the public



# BARNSTABLE COUNTY

CAPE COD COOPERATIVE EXTENSION

## Crop Swap at the Provincetown Library

356 Commercial Street, Provincetown  
508-487-7094

[www.provincetownlibrary.org](http://www.provincetownlibrary.org)

Facebook: Crop Swap

Community fridge filled with fresh produce

Open to all during regular library hours:

Monday: 10:00am-5:00pm

Tuesday-Thursday: 10:00am-8:00pm

Friday: 10:00am-5:00pm

Saturday & Sunday: 1:00pm-5:00pm

## Provincetown Council on Aging

Memorial Community Center  
2 Mayflower Street, Provincetown  
508-487-7080

[www.provincetown-ma.gov/72/Council-on-Aging](http://www.provincetown-ma.gov/72/Council-on-Aging) Pantry

**Monday-Thursday 8am-5pm &  
Friday 8am-12pm**

Call ahead for pick up or delivery Non-Perishables & Personal care products as available for people over 60 years old and to those with children enrolled in Provincetown school.

Monthly Mobile Food Pantry through The Family Pantry of Cape Cod: grocery pick-up on the 4th Wednesday of the month In-town Shuttle: Tuesday & Wednesday Lunch (donation of \$5 suggested)

## Community Servings

179 Amory Street, Jamaica Plain  
(617) 522-7777

[www.servings.org](http://www.servings.org)

Provides medically tailored meals shipped to people who are critically or chronically ill with qualifying insurance

Apply through their website: [www.servings.org/meal-delivery/](http://www.servings.org/meal-delivery/)

## St. Peter the Apostle, Provincetown

11 Prince Street, Provincetown  
(508) 487-0095 ext. 4

[www.stpeters-ptown.org](http://www.stpeters-ptown.org)

Office Hours:

Mondays & Tuesdays: 9:30am-4:30pm

Wednesdays: 9:30a-12pm

Provides gift cards for food and general financial assistance  
For Provincetown & North Truro residents only

## Lasagna Love

[www.lasagnalove.org](http://www.lasagnalove.org)

Home-delivered lasagna or meal made by volunteers in home kitchens

Open to the public Request a meal for you or someone else through their website: [www.lasagnalove.org/request](http://www.lasagnalove.org/request)

## Mom's Meals

Serves nationwide. [www.momsmeals.com](http://www.momsmeals.com)

877-508-6667

8:00 AM – 5:00 PM

\*Delivery available

Mom's Meals Long Term Services and Support/Home and Community Based Services Program

Provides refrigerated, home-delivered meals to the elderly (ages 65+), disabled, and individuals in poor health, who are eligible for economic assistance through Medicaid Waiver or other government-funded nutrition programs.

Payment options include:

Medicaid, Medicare or Self Pay





**BARNSTABLE COUNTY**  
CAPE COD COOPERATIVE EXTENSION



Check out the 2024 Farmers Market Schedule:

Buy Fresh Buy Local - Barnstable County  
(capecod.gov)  
[www.buyfreshbuylocalcapecod.org](http://www.buyfreshbuylocalcapecod.org)

The Sustainable CAPE  
Farmers' Market Coalition

Increasing local food  
access for all.



The coalition's  
local farmers' markets

- mon 8am-12 <sup>seasonal</sup> \*
- truro farmers' market
- wed 8am-12 <sup>seasonal</sup> \*
- wellfleet farmers' market
- wed 4-6pm <sup>curbside pickup</sup>
- brewster farmers' market
- thurs 12pm-5 <sup>seasonal</sup> \*
- falmouth farmers' market
- year-round! sat 8am-12 <sup>+</sup>
- orleans farmers' market
- sat 8:30-12:30 <sup>seasonal</sup>
- nantucket farmers' market
- sat 9am-3 <sup>seasonal</sup> \*
- provincetown farmers' market

Find out more:

[SustainableCAPE.org](http://SustainableCAPE.org)

Bring your SNAP or Project Gratitude Cards,  
WIC & Sr Discount Coupons adding up to \$10  
in bonus tokens for FREE fruits & vegetables.  
HIP vendors at most markets too! \*

Ask at Info Table.





**BARNSTABLE COUNTY**  
CAPE COD COOPERATIVE EXTENSION